

2nd Announcement



48th Conference of Eastern Zonal Branch of Indian Psychiatric Society

Theme: *The Art of Psychopharmacology*

Venue: Sikkim Manipal Institute of Medical Sciences, Gangtok, Sikkim



Organised by



Indian Psychiatric Society
Sikkim State Branch



SIKKIM MANIPAL
UNIVERSITY

23-25
November 2023



Welcome Message

from IPS Eastern Zonal Branch

Dear Esteemed Colleagues,

We are thrilled to extend our heartfelt welcome to all distinguished delegates, esteemed members, and esteemed guests to the upcoming **48th Annual Conference of Indian Psychiatric Society, Eastern Zonal Branch (CEZIPS)**, scheduled to take place in the enchanting city of Gangtok from 23rd to 25th November 2023.

This year's conference theme, "**The Art of Psychopharmacology**," embodies the essence of precision and expertise in the field of Psychiatry. We believe that understanding the artistry behind psychopharmacology is crucial to providing comprehensive and compassionate care to our patients. We aim to explore the intricacies of psychiatric medications, their optimal usage, and their integration with psychotherapy and other treatment modalities.

With a carefully curated scientific program, our conference will feature a diverse range of sessions, workshops, and keynote addresses by prominent experts in the field of Psychopharmacology. Gangtok, nestled in the lap of the Himalayas, will provide a serene and inspiring backdrop to our scientific discussions. We encourage all attendees to take some time to immerse themselves in the natural beauty and tranquility of this captivating destination.

Together, let us embark on a journey to unravel "**The Art of Psychopharmacology**" and enrich our practice to better serve those in need. We eagerly await your esteemed presence at the **48th Annual Conference of Indian Psychiatric Society, Eastern Zonal Branch (CEZIPS)**, in Gangtok.

See you there!



Dr. O.P. Singh
President,
IPS-Eastern Zone



Dr. Amrit Patojoshi
Hony. Secretary,
IPS-Eastern Zone



Invitation

from the desk of Organizing Chairperson

Dear colleagues!

Once again it gives me plentiful of joy and happiness to extend a warm and cordial invitation to you all and your family, to the **48th edition of the Conference of Eastern Zonal Branch of Indian Psychiatric Society (CEZIPS)**.

This mega event is being organised by the young energetic and enthusiastic members of the Sikkim State Branch of Indian Psychiatric Society. The beautiful campus of Sikkim Manipal Institute of Medical Sciences is the venue. Many of you would have fond memories of the campus, which had already hosted two earlier editions of CEZIPS, once in 2009 and another in 2017.

It will be the endeavour and untiring effort of all of us from Sikkim to offer you a memorable fiesta of academics, Sikkimese hospitality, and it's vast array of art, culture and cuisine.

Late Autumn is a wonderful time to be in Sikkim and its capital Gangtok. Winter would have set in but it would still be pleasant. The azure blue sky, greenery all around and the soothing warmth of the sun of early winter will be eagerly waiting to receive you all here.

Block your dates from 23rd to 25th of November 2023 for this memorable event.

Once again a hearty welcome to you all and your family to Sikkim, Gangtok and of course CEZIPS 2023.

Namaste, Tashi Delek.



Dr. Sanjiba Dutta

Organizing Chairperson
CEZIPS 2023



Invitation

from the desk of Organizing Secretary

Dear Friends,

It is indeed an immense pleasure and my proud privilege to welcome you all to the

48th Annual Conference of Indian Psychiatric Society, Eastern Zonal Branch to be held in the serene State of Sikkim, Gangtok from 23rd to 25th November, 2023.

Sikkim is a beautiful State in North-Eastern part of India, bordered by Tibet in the North East, Bhutan in the East, Nepal in the West and West Bengal in the South. A part of Eastern Himalayas, Sikkim is notable for its biodiversity, subtropical climates as well as being the host to Mt. Kangchenjunga, the third highest mountain in the World. Gangtok is the capital city of Sikkim and heart of all the business hubs.

Mental health conditions are increasing worldwide, as 10.7% of world population suffers from some form of mental illness. People with severe mental health conditions die prematurely. Despite progress in rapidly developing countries, people with mental health conditions often experience severe human rights violation, discrimination and stigma. Mental health plays an important role in achieving Global Development Goals. The efforts to increase access to quality of mental health care and effective treatment and also a research to identify new system of treatment and also the Art of Improving existing treatments of Mental disorder ensuring quality and affordability of Mental Health Care through our proposed theme **“The Art of Psychopharmacotherapy”** appears relevant. I hope the deliberation on theme by the experts will explore pragmatic ways of enriching scientific advances in dealing with the mental health menace.

Hope this conference will be an enjoyable one, despite updating the knowledge of delegates. You will feel the traditional warmth of Sikkimese hospitality experiencing the scenic beauty of Sikkim during your stay and carry back unforgettable memories.

My best wishes for the success of this conference.

With warm regards!



Dr. C.L. Pradhan

Organizing Secretary- CEZIPS 2023
President, Sikkim State Branch, IPS





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Cultural Committee

Dr. Upashna Gurung, Dr Kunzang O. Bhutia





Photo

48th Conference of Eastern Zonal Branch of Indian Psychiatric Society

Theme: **The Art of Psychopharmacology**

Date: 23rd-25th November 2023. Venue: Sikkim Manipal Institute of Medical Sciences, Gangtok, Sikkim.

REGISTRATION FORM

(Fill in Capital Letter)

Name

(As needed on Certificate & Badge)

Date of Birth Sex M ☐ F ☐ Others ☐

Address

District

State Pin/Zip/Post code

Country

Contact numbers (with STD Codes)

*Mobile Residence/Office

*E-Mail

*Qualification Year

*State Council Reg. No.

Membership No (IPSSZ/IPS)

Accompanying Persons

1) Name Relationship Age Gender

2) Name Relationship Age Gender

3) Name Relationship Age Gender

*Details mandatory

Registration mandatory for all

Category	Spot (INR)
IPS Members	9000
IPS Member with the outstanding Zonal dues (Registration fee includes conference registration registration plus Zonal Life Member fee)	11700
IPS NON Members	13000
Accompanying Persons	4500
Post Graduate Students	4500
Corporates	14300

Payments to be Drawn on

Account Name : Sikkim State Branch of Indian
Psychiatry Society
Account Number : 919010033586652
Bank Name : AXIS BANK LTD
Branch & Address : Gangtok (SK), Gangtok Pin 737101
RTGS/NEFT - IFSC : UTIB0000112



Payment Details

Duly filled form along with the payment details/cheque/DD should be sent to Conference Secretariat address

Cheque / DD / NEFT / UTR / Transaction No:

Bank:

Date:

Amount: (In number & words)

Entitlements

Delegates attending physically

- Delegate Kit
- Inaugural function, Scientific sessions & Social Evenings
- Lunches & Dinner during the conference
- Exhibition Area
- Souvenir
- Sikkim Medical Council Certificate of attendance

Accompanying persons attending physically

- Inaugural function & Social Evenings
- Lunches & Dinner during the conference
- Spouse gift (If any)
- Participation in spouse & children's programs

Terms & Conditions*

Mandatory Requirements

- Recent passport size colour photo
- Photo ID Proof (valid Driving License/Passport/Election Card/Aadhar Card)
- E mail ID & Mobile No
- Others: First name, Last name, Address, State, Pin code, Institute/Hospitals

Registration Guidelines

- Above fees is inclusive of Goods & Service Tax
- Payment Options
 - Online – NEFT, IMPS, Bank transfers & Debit or Credit cards
 - Offline – Cheque & Demand Drafts
- Online payments via Credit or Debit Cards will attract bank charges at scheduled rates
- All Remittance/Bank charges/Online transaction fees are to be borne by the registrant.
- Letter from HOD is mandatory for Post graduate residents for registration
- Conference registration is mandatory for presenting paper in CME, symposia & workshops
- Registration is mandatory for all delegates including children 5 Years and above
- Bonafide Senior Members of 65 years and above are exempted from the Registration Fees
- Photo ID is mandatory for all delegates for security reasons to enter the conference area
- Please ensure to wear registration badge all the time (Bar Coded) during the conference

- Entry for accompanying persons may be restricted to certain areas including Scientific Halls
- No credit policy for registration fees. Registration fees mentioned is non-negotiable
- Registration is non-transferable
- Kindly do not post/courier any registration form after 23rd October 2023
- The organizing committee is not responsible for payments made in any form without registration form and details of payment. Organizing committee will not entertain requests to refund the same
- Delegate must bring the acknowledgment letter/payment receipt with registration number during the conference for badge collection
- Conference kit would be handed over only to the registered delegate with photo id
- For spot registrations: payment will be accepted only by mode of Cash, Debit/Credit Card & UPI Payment
- While sending Offline Registration Via courier if you are making payment via UPI payment kindly attach UPI payment bank transfer details along with Filled Registration form.
- Conference kit will not be guaranteed for registration done after 1st November 2023

Cancellation and Refund Policy

- Upto 31st August 2023 : 20 %
- From 1st September to 30th September 2023: 50 %
- From 1st October 2023 : No refund
- Refund will be solely at the discretion of the organiser and will made after the conference

Duly filled forms along with the payment details/cheque/DD should be sent to Conference Secretariat address,

Secretariat CEZIPS 2023



1001, 10th Floor, Sunteck Grandeur, SV Road, Andheri West, Mumbai, Maharashtra 400058, India.

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Tentative Scientific Programme

23 November 2023 | Day I | Dr. T.M.A. Pai Hall (Hall A)

Time	Topic	Speaker	Chairperson
9:00 AM onwards	Registration		
9:30 AM – 1:00 PM	Workshops		
9:30 – 11:00 AM	EEG Essentials: A Workshop for Psychiatrist	Dr. Sai Tikka Mr. Anand K. Khatiwora	Dr. R.R. Ghosh Roy Dr. Dipesh Bhagabati Dr. Srikumar Mukherjee
11:00 AM – 1:00 PM	Hands on training on rTMS	Dr. Nishant Goyal Dr. Shubh Mohan Singh	Dr. Gautam Saha Dr. S. Gojendra Singh
1:00 – 2:00 PM	Lunch		
2:00 – 2:15 PM	CME Inauguration		
2:15 – 2:45 PM	Current Evidence and the art of managing Cannabis use disorder among Adolescents	Dr. Vivek Benegal	Dr. Savita Malhotra Dr. Sanjiba Dutta Dr. Kshirod Misra
2:45 – 3:15 PM	Evolving Strategies for Delirium Management: Beyond Antipsychotics	Dr. Uddip Talukdar	Dr. Sujit Sarkhel Dr. Vinod Kumar Sinha
3:15 – 3:45 PM	High Tea		
3:45 – 4:15 PM	Psychopharmacology in Autism Spectrum Disorder	Dr. Debadatta Mohapatra	Dr. Abir Mukherjee Dr. Moumita Das Dr. Siddeswara B.L.
4:15 – 4:45 PM	Complementary and Alternative Medicine: Can it be integrated with craft of Psychopharmacology?	Dr. Amal Chandra Baishya	Dr. Raaj Konwar Dr. Debjani Bandopadhyay
4:45 – 5:15 PM	Strategies for Improving Adherence and Compliance in Psychopharmacological Treatment	Dr. Sujit Sarkhel	Dr. Uttam Majumder Dr. Srikumar Mukherjee Dr. Chandra Shekhar Sharma
5:45 – 6:45 PM	Executive Committee Meeting		
7:30 PM onwards	Welcome Dinner and Cultural Program		



Tentative Scientific Programme

23 November 2023 | Day I | Dr. A.K. Sengupta Hall (Hall B)

Time	Topic	Speaker	Chairperson
2:15 – 2:45 PM	Doing more by prescribing less: focus on pharmacodynamic interactions in psychopharmacology	Dr. Tirthankar Dasgupta	Dr. C.L. Pradhan Dr. Prabir Paul Dr. Abdul Majid
2:45 – 3:15 PM	Debate		
	Debate Proposition: Gut microbiota interventions should be integrated into the psychopharmacological treatment approach for individuals with autism spectrum disorder	<i>For:</i> Dr. Anweshak Das Dr. Ranjan Bhattacharya <i>Against:</i> Dr. Siddeswara B.L. Dr. Nahid Islam	Moderator: Dr. Abir Mukherjee Dr. Bijoy Choudhuri
3:15 – 3:45 PM	High Tea		
3:45 – 4:15 PM	Psychotropic Drugs in Lactation: Balancing Maternal Mental Health and Infant Safety	Dr. Archana Singh	Dr. Geeta Cintury Dr. Upashana Gurung



Tentative Scientific Programme

23 November 2023 | Day 1 | Dr. I.L. Sharma Hall (Hall C)

Time	Topic	Speaker	Chairperson
2:15 – 3:15 PM	Panel Discussion		
2:15 – 2:45 PM	The efficacy and safety of antipsychotics in the geriatric population	Dr. Arunava Dutta Dr. Debanjan Banerjee	Moderator: Dr. Bishnu Sharma Dr. Bibhusan Dahal
2:45 – 3:15 PM	Neurocognitive Enhancers and Nootropics: Science and Ethics.	Dr. P. J. Chakma Dr. Anmol Pradhan	Moderator: Dr. Harshavardhan Sampath Dr. Debanjan Banerjee
3:15 – 3:45 PM	High Tea		
3:45 – 4:15 PM	Fixed Dose Combination Practice: How much, how little?	Dr. Pankaj Kumar	Dr. Ashim Chatterjee Dr. Samrat Kar Dr. Shubh Mohan Singh
4:15 – 5:15 PM	Symposium		
	Tripping Towards Transformation: The Psychedelic Revolution in Psychiatry	Dr. Rishi Biswanath Dr. Sahil Agarwal Dr. Bishnu Bashyal	Dr. Nahid Islam Dr. Sambhu Prasad



Tentative Scientific Programme

24 November 2023 | Day 2 | Dr. T.M.A. Pai Hall (Hall A)

Time	Topic	Speaker	Chairperson
9:00 AM onwards	Registration		
9:00 – 9:30 AM	Invited lecture		
	Time to revisit cannabis legislation in India	Dr. P.K. Dalal	Dr. Tophan Pati Dr. H.R. Phookun Dr. Nimesh G. Desai
9:30 – 10:00 AM	Antipsychotic switching: the intersection of art and science	Dr. Sandeep Grover	Dr. Tanmaini Das Dr. Nishant Goyal
10:00 – 10:45 AM	Presidential Address	Dr. O.P. Singh	Dr. Jayanta Das Dr. Arabinda Brahma Dr. Gautam Saha
10:45– 11:30 AM	Conference Inauguration Dr. G.C. Kar award	Dr. R.R. Ghosh Roy	
11:30 – 11:45 AM	Tea Break		
11:45 AM – 12:30 PM	L.P. Verma Oration	Dr. R.K. Lenin	Dr. O.P. Singh Dr. Dipesh Bhagabati Dr. Tophan Pati
12:30 – 1:15 PM	R.B. Davies Oration	Dr. Sharmila Sarkar	Dr. Sanjiba Dutta Dr. Amrit Pattojoshi Dr. Arabinda Brahma
1:15 – 2:00 PM	Lunch		



Tentative Scientific Programme

24 November 2023 | Day 2 | Dr. T.M.A. Pai Hall (Hall A)

Time	Topic	Speaker	Chairperson
2:00 – 2 :30 PM	Integrating Personalized Medicine in Psychiatry clinical practice: Feasibility, Challenges and the way forward	Dr. Roshan Khanande	Dr. Jayanta Dutta Dr. Md. Sahdullah
2:30 – 3:15 PM	Panel Discussion		
	Mind Matters: Exploring the Economic Impact of Psychiatric Illness on a Nation	Dr. Arabinda Brahma Dr. Nirmal Bera Dr. Gautam Saha Dr. Jayanta Das	Moderator: Dr. Amrit Pattojoshi Dr. Chikrozho Kezo
3:15 – 3:30 PM	Tea Break		
3:30 – 4:15 PM	Panel Discussion		
	Engaging the individual and family in treatment planning	Dr. C.L. Narayan Dr. Neelanjana Paul Dr. Vinod Kumar Sinha Dr. H.R. Phookun	Dr. Heena Merchant Dr. Manaswi Gautam
4:15 – 5:00 PM	Crafting effective psychopharmacology guidelines	Dr. Shyamanta Das	Dr. T.S.S. Rao Dr. Prosenjit Ghosh Dr. Sandeep Grover
5:30 – 6:15 PM	Annual General Body Meeting-1		
6:15 – 7:00 PM	Annual General Body Meeting-2		
7:30 PM onwards	Dinner		



Tentative Scientific Programme

24 November 2023 | Day 2 | Dr. A.K. Sengupta Hall (Hall B)

Time	Topic	Speaker	Chairperson
9:00 – 9:30 AM	Evidence and Controversies in the Psychopharmacological management of Borderline Personality Disorder	Dr. Utpal Bora	Dr. Rajkumar Seal Dr. Koijam Shantibala Devi Dr. Tame Kena
9:30 – 10:00 AM	Ketamine for Depression: Separating Hype from Evidence	Dr. Amlan Kr. Jana	Dr. Rajarshi Guha Thakurta Dr. Temsulong Pongener Dr. Pankaj Kumar
1:15 – 2:00 PM	Lunch		
2:00 – 3:00 PM	Symposium		
	Polypharmacy: pearls and perils	Dr. Pankaj Kumar, Dr. Sambhu Prasad, Dr. Tanu	Dr. Ranjan Bhattacharya Dr. Chandan Kr. Roy
3:15 – 4:15 PM	Case Based Discussion		
	Rare adverse drug reactions of Psychotropic Medications	Dr. Priyajyoti Chakma, Dr. Hrishikesh Kalita	Dr. Maheshwar Nath Tripathi Dr. Md. Sahdullah
4:15– 5:15 PM	Workshops		
	Management of Common Psycho-sexual Disorders	Dr. Dipayan Sarkar Dr. T.S.S. Rao Dr. Nishka Singh	Dr. Shyamanta Das Dr. Simanta Talukdar



Tentative Scientific Programme

24 November 2023 | Day 2 | Dr. I.L. Sharma Hall (Hall C)

Time	Topic	Speaker	Chairperson
9:00 – 10:00 PM	Panel Discussion		
9:00 – 9:30 AM	The Psychopharmacology of Nicotine Use Disorder: Mechanisms, Treatment, and Future Directions	Dr. Maheshwar Nath Tripathi Dr. Satish Rasaily	Moderator: Dr. Jitendriya Biswal Dr. Netra Thapa
9:30 – 10:00 AM	Psychopharmacology of Feeding and Eating Disorders: Medication Approaches and Their Efficacy	Dr. Geeta Soohinda Dr. Niska Sinha	Moderator: Dr. Dipankar Chakraborty Dr. Himabrata Das Dr. Sandipan Nayek
1:15 – 2:00 PM	Lunch		
2:00 – 3:00 PM	Symposium		
	Treatment modalities in Psychiatry: Then, Now and the Future	Dr. Soumi Ghosh Dr. Madhurima Khasnobish Dr. Sourav Bag	Dr. Archana Singh Dr. Dipayan Sarkar
3:00 – 3:15 PM	Tea Break		
3:15 – 5:15 PM	Symposium		
3:15 – 4:15 PM	Artificial Intelligence and Precision Psychiatry: A leap forward	Dr. Sujit Mondal Dr. Bidisha Chakraborty Dr. Arunangshu Poddar	Dr. Sai Krishna Tikka Dr. Debadatta Mohapatra
4:15– 5:15 PM	Antipsychotics-Reflections on the journey so far, and gazing beyond	Dr. Himabrata Das Dr. Pranjal J. Chakraborty Dr. Jayanta Kurmi	Dr. Biswajit De Dr. Satish Rasaily



Tentative Scientific Programme

25 November 2023 | Day 3 | Dr. T.M.A. Pai Hall (Hall A)

Time	Topic	Speaker	Chairperson
9:00 AM – 12:00 PM	Award Paper Session (9+3 Min each)		Dr. R.K. Lenin Singh Dr. Dipesh Bhagabati Dr. R.R. Ghosh Roy
	Leelabati Bholanath Award		
	Interleukin 1B and its association with white matter integrity in Schizophrenia: a cross-sectional DTI & MRS study	Dr. Nandini B.	
	Adjunctive Deep Transcranial Magnetic Stimulation (dTMS) for managing Emotional Dysregulation in Children and Adolescents with Externalizing Behavior Disorders: An Open-Label Proof of Concept Trial	Dr. Devangi Shukla	
	Adjuvant Continuous theta burst stimulation on facial emotional recognition in patients of schizophrenia: a fMRI study	Dr. Gusain Shivani	
	Cognitive deterioration following electroconvulsive therapy and its association with increased hippocampal volume Is neuroplasticity to be blamed?	Dr. Shovan Chakraborty	
	Role of Adjunctive PUFA in schizophrenia: a randomised double-blind placebo-controlled study	Dr. Patra Sambeet	
	Bholanath		
	Dr. Siddhartha Memorial Award		
	Executive Function In Schizophrenia And It's Association With Catechol-O Methyltransferase (COMT) Gene Polymorphism	Dr Porineeta Gogoi	
	Catechol-O-Methyltransferase (COMT) gene variant in Alcohol Use Disorder: an association study in patients attending a tertiary care centre of upper Assam	Dr Mondal Aritra	
	Emotional And Behavioural Problems Among Adolescents And Its Association With Parenting Behaviour And Maternal Personality Factors	Dr. Kunzang Ongmu Bhutia	
	Perceived Stress And Coping In Undergraduate Medical Students In Different Phases Of Mbbs Course : A Comparative Study	Dr. Sunetra Adhikary	



Tentative Scientific Programme

25 November 2023 | Day 3 | Dr. T.M.A. Pai Hall (Hall A)

Time	Topic	Speaker	Chairperson
	Bombay Psychiatric Society Silver Jubilee Award (BPSS)		
	Default mode network activity and connectivity in first episode schizophrenia: an fMRI study	Dr. Bharadwaj Dhiman R.	
	Extended HD-tDCS For Improvement In Cognitive Functions As Measured By Sensorimotor Network Alterations In Chronic Schizophrenia: A Resting State FMRI Study	Dr. Bhawna Yadav	
	Neuronal correlates of disturbance of Self in Dissociative Disorders: A cross-sectional fMRI study	Dr. Anshul Yadav	
	Suprasensory Phenomenon Experienced During Mania: An ERP Study	Dr. Natasha Patel	
12:15 – 1:00 PM	Dr. Indralal Sharma Quiz (Open for all)		
1:00 – 2:00 PM	Lunch		
2:00 – 2:30 PM	Valedictory Function		



Tentative Scientific Programme

25 November 2023 | Day 3 | Dr. A.K. Sengupta Hall (Hall B)

Time	Topic	Chairperson
9:00 AM – 12:00 PM	Free Papers (8+2 Min each)	Dr. Prosenjit Ghosh Dr. Abir Mukherjee



Tentative Scientific Programme

25 November 2023 | Day 3 | Dr. I.L. Sharma Hall (Hall C)

Time	Topic	Chairperson
9:00 AM – 12:00 PM	E-posters	Dr. Uddip Talukdar Dr. Sharmila Sarkar



Tentative Scientific Programme

Free Papers

S. No.	Name	Abstract Title
1	Mithun Biswas	Cognitive deficit in metabolic syndrome after age of 60 years- a case control study
2	Rishi Biswanath	An Observational Study To Compare The Diagnostic Profiles Of Patients Attending Psychiatry Opd At District Hospitals And Medical Colleges In Assam
3	Ritvik Gupta	Protocol for Efficacy of HD-tDCS primed iTBS In Negative Symptoms Of Schizophrenia & Its Correlation with Serum BDNF: A Randomised Sham Controlled Study
4	Swadesh Kanti Mondal	A study on relationship of family history of alcoholism with age of initiation of drinking and severity of alcohol dependence and associated socio-demographic variables
5	Jyotika	Comparison of perceived stress and coping strategies in undergraduate and postgraduate students in a medical college in assam
6	Siddhartha Nandi	A Study Exploring The Occurrence Of Internet Gaming Disorder Among Adolescents Attending The Psychiatry Out Patient Department In A Tertiary Care Hospital In India
7	Arundhati Biswas	Influence of Stressful life events in Type-II Diabetes Mellitus.
8	Anjali Negi	Between Breaths And Steps: Late Onset Somnambulism With Obstructive Sleep Apnea In An Obese Patient With Alcohol Dependence: A Diagnostic Conundrum.
9	Arun Prasanth.M	A Study on psychiatric manifestations in patients of Wilson Disease- A Case Series
10	Ritvik Gupta	From Innocence to Dissociation” - Understanding The Developmental Trajectory Of Dissociative Disorders In Early Childhood: A Case Report
11	Debasis Saha	Deconstructing Pica: A Case Series Of 10 Patients
12	Sahil Agarwal	A Clinical Study Of Serum Fasting Lipid Profile In Patients With Depressive Disorder
13	Aastha Mishra	A Clinical Study To Compare The Association Of Metabolic Disorders In Mothers With The Severity Of Autism Spectrum Disorder In Offspring.
14	Duvvuri Pranavi	Effect Of Adjunctive tACS In Opioid Dependence- A Case Series
15	Supratik Kundu	Neuromodulatory Effects Of Adjuvant iTBS On EEG Mu Wave Suppression In Response To Observed Biological Motion In Schizophrenia Patients With Deficits In Empathy
16	Moumita Sing	Psychiatric comorbidity in chronic osteoarthritis and it's correlation with pain severity
17	Soham Palui	Pituitary microadenomas presenting with Psychiatric manifestations: Case series of 5 patients



Tentative Scientific Programme

ePosters

S. No.	Name	Abstract Title
1	Supratik Kundu	Sublingual Buprenorphine-Naloxone precipitated withdrawal- A case report.
2	Anoop Kulkarni	Dissociative Trance And Possession Disorder Across 3 Generations Of A Family: A Case Report
3	Shovan Biswas	Rett Syndrome In A 9 Year Old Girl: A Case Report
4	Joydip Pandit	Dermatitis Artefacta in a 11 Year Old Boy: A Case Report
5	Sunetra Adhikary	Hailing to a new life: success story of dialectical behaviour therapy in a case of BPD
6	Saswata Mandal	Case Series of Ectodermal Dysplasia, Hydrotic Type, Presenting with Intellectual Disability and Associated Complications
7	Bhaskar Roy	Recurrent Depressive Disorder with Periodic Catatonia in the Context of Severe Sensory Axonopathy: A Case Report and Diagnostic Conundrum
8	Rima Banerjee	A case of mania in a multi drug resistant Tuberculosis Patient
9	Duvvuri Pranavi	Sensory-Motor Obsessions in a patient with Alcohol Dependence - A Complex Co-occurrence?
10	Akash Bose	Habit Nail Tic Disorder: Onychotillomania Involving Thumbs and Toes Responding To Fluoxetine
11	Arundhati Biswas	Rural people's perspective of mental illness : experience of a post-graduate trainee during National Medical Commission district posting.
12	Sourav Kumar Ghosh	Pseudocyesis in an ATPD Case : Understanding the Complex Presentation
13	Kaushik Goswami	Deciphering Autoimmune Encephalitis: A case of unusual symptoms
14	Aastha Mishra	Case Report- The Hidden Side Effects: Flupenthixol And Unexpected Libido Surge
15	Anoop Kulkarni	Childhood Sexual Abuse Leading To Cyclical Vomiting Syndrome: A Case Report
16	Varsa Patra	Repetitive acute interictal psychoses inclusive of alternative psychosis
17	Shantanu Singh	Herbal medicine induced mania in a patient of Opioid withdrawal
18	Shrinidhi Pratinidhi	Childhood-Onset Trichotillomania With Comorbid Anxiety And Conduct



Tentative Scientific Programme

ePosters

S. No.	Name	Abstract Title
19	Ankita Bhuyan	Feeding The Obsession: The Secret World Of Obsessive Compulsive Disorder Disguised As An Eating Disorder
20	Khwairakpam Surchand	A Rare Case Of Chromosome 1q43q44 Microdeletion And Mental Retardation With Epilepsy
21	Nivedita Chauhan	Intellectual Disability And Autism Spectrum Disorder : A Case Report
22	Koustav Sircar	Profile of Patients who have absconded from Psychiatric ward in a tertiary care Centre. A short study.
23	Vanlalchhuanawmi	Acute Psychosis triggered by hyperglycemia in a 9 years child
24	Nisha Karar	The Diary of a Fawning Kid Turning into a Rebel - Written with Strokes of Complex PTSD.
25	Arpita Laha	A case of compulsive cement eating disorder causing gastric outlet obstruction in a young female patient
26	Ritvik Gupta	Emerging Psychotic Symptoms in an adolescent with Pediatric Acute-onset Neuropsychiatric Syndrome (PANS): A CASE REPORT

**Kindly Note above Scientific Program is as on date.
Final Program book will provided at the Registration Desk.**



Presentation Guidelines

Award Papers Presentation

- Registration is compulsory for presenters.
- You are requested to keep ready 10-12 slide PowerPoint presentation.
- The time allotted for free paper presentation is 12 mins (9 mins presentation + 3 mins discussion)
- Please adhere to the time limit of your presentation. The warning bell will ring 2 minutes prior to your elapsed time of presentation.
- Please carry your presentation in a pen-drive to the conference.
- Personal laptops will not be allowed at the podium.

Free Paper Presentation

- Registration is compulsory for presenters.
- You are requested to keep ready 10-12 slide PowerPoint presentation.
- The time allotted for free paper presentation is 10 mins (8 mins presentation + 2 mins discussion)
- Please adhere to the time limit of your presentation. The warning bell will ring 2 minutes prior to your elapsed time of presentation.
- Please carry your presentation in a pen-drive to the conference.
- Personal laptops will not be allowed at the podium.

e-Poster Presentation

- Registration is compulsory for presenters.
- The e-poster will be displayed on standard 42" (Diagonal) LCD
- The format should be MS Power Point (PPT or PPTX)
- Total size of the presentation should not exceed 20 MB.
- You may have a maximum of 5 slides for your E-poster, consisting of 3 content slides, 1 introductory slide, and 1 reference slide.
- All slides should be in landscape format, preferably in 16:9 aspect ratio.
- Movies/Sounds will not be supported.
- Font size of the text should be atleast 26 points.
- Illustrations/ Images/ Photographs use in the e-Poster should be large enough to shoe relevant details.
- Please carry your presentation in a pen-drive to the conference.



About Gangtok

Perched on the ridge of a hill at an altitude of 1700 mt, the town is famous for its scenic beauty and spectacular views of the Kanchenjunga, the highest mountain in the world. This hill resort is 110 km from Siliguri and well connected with other major places in the region. The town offers a mild temperate climate with a temperature of around 23 degrees centigrade in summer and around 6 degrees centigrade during winter. Gangtok's serene environment, hospitable people, and rich cultural heritage make it an ideal destination for travelers seeking tranquility and an opportunity to immerse themselves in nature's beauty. Whether it's exploring monasteries, enjoying the scenic vistas, or indulging in local delicacies, Gangtok offers an unforgettable experience for visitors from all walks of life.

ABOUT VENUE



The Sikkim Manipal Institute of Medical Sciences is among the premium colleges of Sikkim Manipal University. The college is beautifully made, combining Sikkim's style with the modern style of architecture and spreading over 25 acres of green land.



PLACES TO VISIT IN AND AROUND GANGTOK



Tsomgo Lake (Changu Lake):

A glacial lake located about 40 kilometers from Gangtok, Tsomgo Lake is known for its breathtaking beauty, especially during the winter when it is frozen. Visitors can enjoy yak rides and take in the stunning views of the surrounding mountains.

Nathula Pass:

Situated at an altitude of 4,310 meters, Nathula Pass is a historic trading route between India and Tibet. It offers panoramic views of the Himalayas and is an important border crossing between India and China (permit required).



Rumtek Monastery:

One of the most important and largest monasteries in Sikkim, Rumtek Monastery is home to a rich collection of religious artifacts, ancient manuscripts, and intricate murals.

Enchey Monastery:

Located near Gangtok, this 200-year-old monastery is known for its religious significance and traditional architecture.





Ganesh Tok and Hanuman Tok:

These two viewpoints offer stunning vistas of the surrounding mountains and the Gangtok town.

Tashi Viewpoint:

Another vantage point to witness the breathtaking sunrise over the Kanchenjunga range and the Himalayas.



Yumthang - The Gorgeous Flower Valley:

Surrounded by snow-capped mountains, Yumthang valley is a natural habitat for exotic & rare species of wildflowers like cobra lilies, primrose, and louseworts.

Do Drul Chorten Stupa:

A significant Buddhist stupa with 108 prayer wheels, it is a popular religious site for both locals and visitors.





Hanuman Tok Ropeway:

A cable car ride offering stunning aerial views of Gangtok and its surroundings.

Himalayan Zoological Park:

Located in Bulbulay, this zoo houses various endangered species, including the Red Panda and Snow Leopard.



Flower Exhibition Center:

Gangtok hosts a beautiful flower exhibition showcasing various species of flowers and orchids.

Banjhakri Falls and Energy Park:

A recreational park with waterfalls, sculptures, and lush greenery, perfect for picnics and relaxation.



CONFERENCE HIGHLIGHTS:

- Keynote presentations from renowned experts in psychopharmacology
- Plenary sessions on the latest developments in psychiatric research and treatment
- Engaging workshops and interactive sessions
- Poster presentations showcasing cutting-edge research.
- Special sessions for young psychiatrists and trainees
- Opportunities to explore the mesmerizing beauty of Gangtok and Sikkim





Exploring possibilities for better Mental Healthcare

Vantaxa
Vortioxetine 5, 10, 20 mg tablets
Ensure "All is well"

Asprito
Aripiprazole 2/5/10/15/20/30 mg Tabs
Aspired for Uniqueness & Versatility

Regain functionality... Restore Confidence
CARINIA
Cariprazine Hydrochloride 1.5/3/4.5 mg Capsules

DEPRAN 10
Escitalopram 10 mg + Clonazepam 0.5 mg Tabs.
No Substitute to **Happiness**

Zaptra ^{12.5}/₂₅
Paroxetine 12.5/25 mg ER + Clonazepam 0.5 mg R Capsules
Calms to elevate mood

Zonalta
Endoxifen 8 mg Tablets
A **Breakthrough** to **transform lives**

